

DYFED SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2018 FRIDAY EVENING EVENTS

	Pos	Name / Enw	School / Ysgol	Perf	
400m Hurdles					
18:00	1	William Lloyd	Preseli	60.3	MB
300m Hurdles					
18:20	1	Niamh Roberts	Coedcae	46.8	MG
	2	Flavia Jenkins	Dyffryn Taf	47.6	MG
	3	Beca Roberts	Bro Pedr	50.6	MG
	4	Meleri Hopkins	Llandoverly College	50.9	MG
	5	Courtney Cramb	Greenhill	58.1	MG
1000m Walk					
18:30	1	Kasia Cook	Llandoverly College	5.27.4	NR (Y9)
	2	Amy White	STP	5.48.9	NR (Y8)
3000m Metres					
18:40	1	Jamie Walker	Aberaeron	10.30.9	MB
	2	Dafydd Lloyd	Bro Pedr	10.59.9	MB
	3	Eva Edwards	Bro Myrddin	11.16.2	MG
	4	Cerys Davies	Bro Myrddin	13.06.8	SG
	5	Libby Gardner	Greenhill	13.45.1	MG
Pole Vault					
18:00	1	Ben Woodnutt	St Michaels	3.50	
Hammer					
18:00	1	Andrew Salmon	Preseli	24.02	MB

