

Swansea Harriers Open Meeting

Held at Swansea University Athletics Track on Sunday 09 April 2017

	No.	Name	Club	Perf.		No.	Name	Club	Perf.
	U11G	75 metres	Heat 1	*		U11G	75 metres	Heat 2	*
1	42	ANNA ROSE MERCHANT	BRIDGEND	11.3	1	97	OLIVIA MACKEY	SWANSEA	11.9
2	6	AMBER PEARN	C ARCHERS	11.8	2	95	KAITLYN JONES	SWANSEA	13.2
3	14	LARISSA McGUIRE	CWMBRAN	12.4	3	72	ESME BARCLAY	SWANSEA	13.7
4	20	GRACE LING	C ARCHERS	12.5	4	125	CRYSTAL JACOBS	RHONDDA	13.8
5	297	CARYS DAVIES	SWANSEA	12.8	5	148	EMILY CARYS TUCKER	LLANELLI	14.0
6	36	ISLA DAVIES	SWANSEA	12.9	6	137	KATIE BAKER	NEATH	14.4
7	24	GEORGIE MADDOX	CWMBRAN	13.2					
8	37	SOPHIE HARTLEY GREEN	SWANSEA	13.5		U11G	75 metres	Heat 4	*
					1	415	BETHAN CARROLL	NEATH	11.8
	U11G	75 metres	Heat 3	*	2	419	ELLIE MORRIS	BGAC	12.3
1	191	MAKENZY BEARD	SWANSEA	12.5	3	338	AMY BEYNON	SWANSEA	12.5
2	256	LOUISA CLIFFE	LLANELLI	12.7	4	346	NEVE DODD	SWANSEA	12.9
3	245	HEIDI ROSE COUGHLIN	RVAC	12.9	5	381	MIA LLOYD	CARMS H	13.1
4	177	LIANE DO ROUYS	SWANSEA	13.0	6	376	KEZIA HAILE	SWANSEA	13.4
5	239	MARNEY ALLEN	SWANSEA	13.6	7	350	CARYS HENNESSY	SWANSEA	13.7
6	199	GEMMA HALE	SWANSEA	13.7	8	412	FABIA MORGAN	NEATH	14.6
7	200	ABIGAIL HOWELLS	SWANSEA	14.1					
8	264	MARI STEPHENS	NEATH	14.3		U11G	800 metres	Race 2	Time Trail
					1	419	ELLIE MORRIS	BGAC	2.48.55
	U11G	800 metres	Race 1	Time Trail	2	264	MARI STEPHENS	NEATH	3.07.70
1	42	ANNA ROSE MERCHANT	BRIDGEND	2.43.12	3	256	LOUISA CLIFFE	LLANELLI	3.10.32
2	20	GRACE LING	C ARCHERS	2.43.41	4	97	OLIVIA MACKEY	SWANSEA	3.10.48
3	95	KAITLYN JONES	SWANSEA	3.01.68	5	177	LIANE DO ROUYS	SWANSEA	3.17.30
4	14	LARISSA McGUIRE	CWMBRAN	3.03.90	6	245	HEIDI ROSE COUGHLIN	RVAC	3.33.00
5	6	AMBER PEARN	C ARCHERS	3.03.94					
6	297	CARYS DAVIES	SWANSEA	3.04.44		U11G	Long Jump		
7	283	ERIN BETH EVANS	C ARCHERS	3.16.34	1	6	AMBER PEARN	C ARCHERS	3.70m
8	305	KATIE SELICK	NEATH	3.18.73	2	97	OLIVIA MACKEY	SWANSEA	3.28m
9	24	GEORGIE MADDOX	CWMBRAN	3.45.04	3	400	FLORENCE TARRANT	SWANSEA	3.07m
					4	191	MAKENZY BEARD	SWANSEA	3.05m
	U11G	Shot Putt	2kg		5	95	KAITLYN JONES	SWANSEA	3.04m
1	191	MAKENZY BEARD	SWANSEA	5.37m	6	305	KATIE SELICK	NEATH	2.98m
2	239	MARNEY ALLEN	SWANSEA	5.16m	7	177	LIANE DO ROUYS	SWANSEA	2.98m
3	20	GRACE LING	C ARCHERS	5.14m	8	245	HEIDI ROSE COUGHLIN	RVAC	2.97m
4	286	SEREN EDWARDS	CARDIFF	4.98m	9	72	ESME BARCLAY	SWANSEA	2.95m
5	283	ERIN BETH EVANS	C ARCHERS	4.76m	10	415	BETHAN CARROLL	NEATH	2.92m
6	233	ZOE BUTTON	SWANSEA	4.62m	11	125	CRYSTAL JACOBS	RHONDDA	2.86m
7	400	FLORENCE TARRANT	SWANSEA	4.49m	12	283	ERIN BETH EVANS	C ARCHERS	2.82m
8	346	NEVE DODD	SWANSEA	4.49m	13	36	ISLA DAVIES	SWANSEA	2.81m
9	350	CARYS HENNESSY	SWANSEA	4.18m	14	233	ZOE BUTTON	SWANSEA	2.78m
10	137	KATIE BAKER	NEATH	3.90m	15	37	SOPHIE HARTLEY GREEN	SWANSEA	2.73m
11	148	EMILY CARYS TUCKER	LLANELLI	3.49m	16	357	NIA HENDERSON	SWANSEA	2.72m
12	412	FABIA MORGAN	NEATH	3.18m	17	350	CARYS HENNESSY	SWANSEA	2.72m
13	200	ABIGAIL HOWELLS	SWANSEA	3.04m	18	239	MARNEY ALLEN	SWANSEA	2.67m
					19	346	NEVE DODD	SWANSEA	2.62m
					20	199	GEMMA HALE	SWANSEA	2.59m
					21	101	ELERI REED	SWANSEA	2.57m
					22	148	EMILY CARYS TUCKER	LLANELLI	2.27m
					23	376	KEZIA HAILE	SWANSEA	2.22m
					24	412	FABIA MORGAN	NEATH	2.07m
					25	200	ABIGAIL HOWELLS	SWANSEA	2.05m

						26	137	KATIE BAKER	NEATH	2.00m
	U13G	70m Hurdles	Heat 1	*			U13G	70m Hurdles	Heat 2	*
1	48	MEGAN GWYTHYR	SWANSEA	13.9		1	166	FREYA GRACE MORGAN	SWANSEA	12.5
2	114	LEXI ALLEN	SWANSEA	14.6		2	171	ELLIE WINTLE	PEMBS H	12.7
3	115	SARAH LYONS	SWANSEA	16.3		3	196	MELISSA DAVIES	SWANSEA	13.8
4	40	MADDIE LEA	CARDIFF	16.9		4	190	LENI BEARD	SWANSEA	14.1
5	57	FREYA HUGHES ROLLS	RVAC	17.4		5	351	FFION HENNESSY	SWANSEA	14.3
6	73	SCARLETT LEWIS	SWANSEA	17.5		6	333	BETHANY MORGAN	SWANSEA	15.7
	U13G	100 metres	Heat 1	*			U13G	100 metres	Heat 2	ws -2.1
1	134	AIMEE CHILDS	BRIDGEND	14.2		1	225	MEGAN HANCOCK	NEATH	14.80
2	66	ELENI JONES	BRIDGEND	14.2		2	229	SOPHIA REID THOMAS	CARMS H	14.95
3	62	JERSEY LEE JONES	BRIDGEND	14.4		3	176	CHLOE SIMMONITE	LLANELLI	15.25
4	132	CARYS PRICE	NEATH	14.6		4	138	LOUISE BAKER	NEATH	15.48
5	51	KAHLEN JONES	LLANELLI	15.2		5	247	ERIN WILLIAMS	CARDIFF	15.85
6	33	EMILY JEAN DENT	C ARCHERS	15.8		6	248	ALYS GODFREY	RVAC	15.87
7	100	REBEKAH PRATT	SWANSEA	15.9		7	242	CAITLIN HURLEY	BRIDGEND	15.93
8	82	CHARLOTTE COLLINS	SWANSEA	17.6		8	235	CLAUDIA THOMAS	SWANSEA	16.05
	U13G	100 metres	Heat 3	ws -3.2			U13G	100 metres	Heat 4	ws -2.2
1	308	KEIRA CARMODY	CARMS H	14.69		1	114	LEXI ALLEN	SWANSEA	14.77
2	289	KATIE GILL	C ARCHERS	14.77		2	408	SOPHIE O'BRIEN	SWANSEA	14.99
3	259	RHIANNON STANFIELD	LLANELLI	15.34		3	384	MALI MORSE	BRIDGEND	15.23
4	257	COURTNEY BROWN	LLANELLI	15.60		4	48	MEGAN GWYTHYR	SWANSEA	15.25
5	363	HANNAH FORKUOH	LLANELLI	15.76		5	1	SOPHIE KNOYLE	C ARCHERS	15.66
6	261	HANNAH CARPENTER	LLANELLI	15.98		6	390	LILLIAN PETERS	SWANSEA	17.74
7	334	SEREN PARKER	SWANSEA	16.55						
8	314	MIA LAWSON	SWANSEA	16.72			U13G	800 metres	Race 1	Time Trail
						1	106	ELLA DAVIES	SWANSEA	2.35.56
	U13G	100 metres	Heat 5	ws -1.0		2	303	BETHAN ADAMS	LLANELLI	2.36.91
1	171	ELLIE WINTLE	PEMBS H	13.86		3	149	AMY FFION TUCKER	LLANELLI	2.42.92
2	166	FREYA GRACE MORGAN	SWANSEA	14.85		4	208	ALYS WAKELING	C ARCHERS	2.46.69
3	190	LENI BEARD	SWANSEA	15.16		5	105	MAI DAVIES	SWANSEA	2.49.47
4	115	SARAH LYONS	SWANSEA	15.51		6	201	ABBIE HALL	SWANSEA	2.49.74
5	40	MADDIE LEA	CARDIFF	16.58		7	413	MADDISON HINES	NEATH	2.50.02
						8	128	MOLLIE GAMESON	RVAC	2.52.50
	U13G	800 metres	Race 2	Time Trail		9	40	MADDIE LEA	CARDIFF	3.08.36
1	171	ELLIE WINTLE	PEMBS H	2.42.62		10	421	ELENA RUDDY	SWANSEA	3.20.72
2	308	KEIRA CARMODY	CARMS H	2.45.66						
3	33	EMILY JEAN DENT	C ARCHERS	2.47.05			U13G	Long Jump		
4	247	ERIN WILLIAMS	CARDIFF	2.52.82		1	132	CARYS PRICE	NEATH	4.13m
5	176	CHLOE SIMMONITE	LLANELLI	2.53.06		2	289	KATIE GILL	C ARCHERS	3.96m
6	196	MELISSA DAVIES	SWANSEA	2.54.89		3	190	LENI BEARD	SWANSEA	3.95m
7	115	SARAH LYONS	SWANSEA	2.55.53		4	242	CAITLIN HURLEY	BRIDGEND	3.74m
8	351	FFION HENNESSY	SWANSEA	2.58.04		5	166	FREYA GRACE MORGAN	SWANSEA	3.73m
9	57	FREYA HUGHES ROLLS	RVAC	2.58.69		6	32	OLIVIA KEY	SWANSEA	3.68m
						7	208	ALYS WAKELING	C ARCHERS	3.68m
	U13G	Shot Putt	2.72kg			8	51	KAHLEN JONES	LLANELLI	3.65m
1	92	CHLOE JONES	SWANSEA	7.39m		9	259	RHIANNON STANFIELD	LLANELLI	3.63m
2	132	CARYS PRICE	NEATH	6.59m		10	363	HANNAH FORKUOH	LLANELLI	3.54m
3	249	CAITLIN SEABOURNE	RVAC	6.57m		11	114	LEXI ALLEN	SWANSEA	3.52m
4	351	FFION HENNESSY	SWANSEA	6.17m		12	408	SOPHIE O'BRIEN	SWANSEA	3.51m
5	246	GRACE LUCIA COUGHLIN	RVAC	5.49m		13	176	CHLOE SIMMONITE	LLANELLI	3.47m
6	26	ISLA MELROSE	LLANELLI	5.41m		14	100	REBEKAH PRATT	SWANSEA	3.45m

7	122	CORDELIA WALKER	CARMS H	5.41m		15	389	MILLIE CARTER	OLCHFA	3.37m
8	50	ELLIE BOND	SWANSEA	5.40m		16	339	SOPHIE BEYNON	SWANSEA	3.37m
9	170	LUCY WINTLE	PEMBS H	5.17m		17	248	ALYS GODFREY	RVAC	3.29m
10	208	ALYS WAKELING	C ARCHERS	5.14m		18	421	ELENA RUDDY	SWANSEA	3.12m
11	335	EMILIA EVANS	PENYRHEOL PS	5.04m		19	314	MIA LAWSON	SWANSEA	2.97m
12	70	LUCY HARRIS	SWANSEA	4.73m		20	257	COURTNEY BROWN	LLANELLI	2.97m
13	100	REBEKAH PRATT	SWANSEA	4.25m		21	333	BETHANY MORGAN	SWANSEA	2.88m
14	138	LOUISE BAKER	NEATH	3.55m		22	335	EMILIA EVANS	PENYRHEOL PS	2.84m
						23	388	ORLA CHALLENGER WILLIAMS	PARKLANDS	2.77m
	U13G	Javelin	400g			24	82	CHARLOTTE COLLINS	SWANSEA	2.62m
1	92	CHLOE JONES	SWANSEA	29.42m						
2	122	CORDELIA WALKER	CARMS H	22.05m			U13G	High Jump		
3	366	LILLY BALL	BGAC	17.53m		1	48	MEGAN GWYTHYR	SWANSEA	1.27m
4	134	AIMEE CHILDS	BRIDGEND	16.60m		2	246	GRACE LUCIA COUGHLIN	RVAC	1.10m
5	149	AMY FFION TUCKER	LLANELLI	16.05m		3	261	HANNAH CARPENTER	LLANELLI	1.10m
6	246	GRACE LUCIA COUGHLIN	RVAC	15.66m		4	333	BETHANY MORGAN	SWANSEA	1.10m=
7	249	CAITLIN SEABOURNE	RVAC	13.69m		4	196	MELISSA DAVIES	SWANSEA	1.10m=
8	32	OLIVIA KEY	SWANSEA	11.63m		6	334	SEREN PARKER	SWANSEA	1.05m
9	73	SCARLETT LEWIS	SWANSEA	11.10m		7	257	COURTNEY BROWN	LLANELLI	1.05m
10	26	ISLA MELROSE	LLANELLI	10.68m		8	408	SOPHIE O'BRIEN	SWANSEA	90cm
11	57	FREYA HUGHES ROLLS	RVAC	10.42m						
12	70	LUCY HARRIS	SWANSEA	10.37m						
13	261	HANNAH CARPENTER	LLANELLI	9.60m						
	U15G	75m Hurdles	Heat 1	*			U15G	75m Hurdles	Heat 2	*
1	15	CAITLYN MAPPS	C ARCHERS	12.3		1	422	CARYS POOLE	SWANSEA	12.1
2	55	ELINA DINEEN	C ARCHERS	12.5		2	268	ELLIE ROSE ISAAC	C ARCHERS	12.6
3	150	EVE PEARSON	CARDIFF	13.1		3	307	LAUREN THOMAS	NEATH	12.8
4	161	JESSICA MILLER	SWANSEA	13.5		4	175	ELOISE SPACEY	RVAC	13.9
5	39	ALANA LEA	CARDIFF	14.3		5	424	BECA ROBERTS	CARMS H	14.6
6	117	PAIGE THOMAS	SWANSEA	16.0		6	323	ELIN MURPHY	SWANSEA	15.0
7	30	CHARLOTTE FRASER	RVAC	17.2		7	304	SOPHIA LEWIS	SWANSEA	18.4
	U15G	100 metres	Heat 1	ws -2.2			U15G	100 metres	Heat 2	ws -3.1
1	307	LAUREN THOMAS	NEATH	13.38		1	120	ELLA HUBBARDE	BRIDGEND	13.74
2	85	DANAI MUGABE	SWANSEA	13.52		2	268	ELLIE ROSE ISAAC	C ARCHERS	14.24
3	44	TIANA EVANS	SWANSEA	14.06		3	211	GEORGIA WILSON	SWANSEA	14.48
4	69	INDIA COLLINSON	SWANSEA	14.35		4	146	JENNIFER EMEZIE	C ARCHERS	14.51
5	25	IONA MELROSE	LLANELLI	14.62		5	127	MIA THOMAS	C ARCHERS	14.72
6	81	EMILY COLLINS	SWANSEA	14.68		6	424	BECA ROBERTS	CARMS H	15.00
7	23	ELLIE MILES	C ARCHERS	14.85		7	213	SAFI BECHAR	SWANSEA	15.41
8	52	CATRIN HOCKING	CARDIFF	16.69						
	U15G	100 metres	Heat 3	ws -4.1			U15G	100 metres	Heat 4	ws -2.5
1	379	LEAH RADFORD	CARDIFF	14.15		1	15	CAITLYN MAPPS	C ARCHERS	13.26
2	263	JESSICA CLYDE	LLANELLI	14.37		2	150	EVE PEARSON	CARDIFF	14.19
3	262	ELINOR DAISY THOMAS	LLANELLI	15.21		3	161	JESSICA MILLER	SWANSEA	14.38
4	392	SAFFRON CALDWELL	SWANSEA	15.30		4	55	ELINA DINEEN	C ARCHERS	14.44
5	274	KESIA HOLMES	UNATTACHED	15.71		5	406	MOLLY GOSS	NEATH	14.79
6	255	MADDISON BALL	LLANELLI	15.75		6	175	ELOISE SPACEY	RVAC	14.93
						7	30	CHARLOTTE FRASER	RVAC	17.05
	U15G	300 metres	Heat 1	ws -2.0			U15G	Javelin	500g	
1	39	ALANA LEA	CARDIFF	44.20		1	107	JAMIE HOLLAND	SWANSEA	31.70m
2	387	AMBER WILLIAMS	BRIDGEND	45.07		2	44	TIANA EVANS	SWANSEA	24.25m

3	87	HANNAH JAYNE DAVIES	SWANSEA	45.09		3	129	LILY GREGSON	CARDIFF	15.75m
4	221	ELLIE LOWETH	CARMS H	46.02		4	285	GEORGINA EDWARDS	CARDIFF	15.20m
5	25	IONA MELROSE	LLANELLI	46.78		5	323	ELIN MURPHY	SWANSEA	13.24m
	U15G	800 metres	Race 1				U15G	Shot Putt	3kg	
1	279	ANYA LENNON	C ARCHERS	2.31.05		1	107	JAMIE HOLLAND	SWANSEA	10.83m
2	39	ALANA LEA	CARDIFF	2.37.21		2	163	CARYS DICKINSON	SWANSEA	8.25m
3	362	ELEN JAMES	CARDIFF	2.43.67		3	146	JENNIFER EMEZIE	C ARCHERS	8.11m
4	153	EVE BEVAN	SWANSEA	2.43.75		4	299	NEVE BOWEN	SWANSEA	8.05m
5	370	GABRIELLE GARCIA	SWANSEA	2.47.78		5	74	HOLLY COOPER	SWANSEA	8.02m
6	411	CATHRYN C.O. MORGAN	NEATH	2.50.43		6	129	LILY GREGSON	CARDIFF	6.97m
7	262	ELINOR DAISY THOMAS	LLANELLI	2.58.39		7	285	GEORGINA EDWARDS	CARDIFF	6.16m
8	238	FFION FETT WHITE	SWANSEA	2.59.16		8	382	ISABELLE ELLSMORE	SWANSEA	5.77m
-	133	IMOGEN VAUGHAN	CARDIFF	DNF		9	52	CATRIN HOCKING	CARDIFF	4.07m
	U15G	Long Jump					U15G	High Jump		
1	15	CAITLYN MAPPS	C ARCHERS	5.01m		1	237	LILI CHURCH	CARMS H	1.58m
2	422	CARYS POOLE	SWANSEA	4.75m		2	181	MARNIE MUSGRAVE	SWANSEA	1.55m
3	55	ELINA DINEEN	C ARCHERS	4.74m		3	158	BROOKE CASTLE	SWANSEA	1.40m
4	44	TIANA EVANS	SWANSEA	4.73m		4	422	CARYS POOLE	SWANSEA	1.40m
5	69	INDIA COLLINSON	SWANSEA	4.57m		5	258	AMY MULLEN	LLANELLI	1.40m
6	23	ELLIE MILES	C ARCHERS	4.45m		6	107	JAMIE HOLLAND	SWANSEA	1.35m
7	268	ELLIE ROSE ISAAC	C ARCHERS	4.38m		7	23	ELLIE MILES	C ARCHERS	1.30m
8	424	BECA ROBERTS	CARMS H	4.37m		8	213	SAFI BECHAR	SWANSEA	1.15m
9	262	ELINOR DAISY THOMAS	LLANELLI	4.35m		9	420	FFION MORGAN	SWANSEA	1.15m
10	18	ELLA JACKSON	C ARCHERS	4.29m		10	275	TALLULAH THOMAS	SWANSEA	1.10m
11	127	MIA THOMAS	C ARCHERS	4.20m						
12	158	BROOKE CASTLE	SWANSEA	4.12m			U15G	Discus	1kg	
13	25	IONA MELROSE	LLANELLI	4.05m		1	299	NEVE BOWEN	SWANSEA	25.13m
14	221	ELLIE LOWETH	CARMS H	4.05m		2	18	ELLA JACKSON	C ARCHERS	23.23m
15	379	LEAH RADFORD	CARDIFF	3.99m		3	13	GRACE POWELL	NEATH	20.23m
16	330	TATE MELLOR	SWANSEA	3.91m		4	74	HOLLY COOPER	SWANSEA	18.29m
17	258	AMY MULLEN	LLANELLI	3.88m		5	129	LILY GREGSON	CARDIFF	17.24m
18	117	PAIGE THOMAS	SWANSEA	3.84m		6	322	SUMMER STUART LOW	SWANSEA	17.11m
19	323	ELIN MURPHY	SWANSEA	3.80m		7	382	ISABELLE ELLSMORE	SWANSEA	16.45m
20	110	IRIS HAMMOUDA	SWANSEA	3.69m		8	163	CARYS DICKINSON	SWANSEA	15.60m
21	81	EMILY COLLINS	SWANSEA	3.64m		9	81	EMILY COLLINS	SWANSEA	13.91m
22	175	ELOISE SPACEY	RVAC	3.62m		10	275	TALLULAH THOMAS	SWANSEA	12.93m
23	322	SUMMER STUART LOW	SWANSEA	3.43m		11	274	KESIA HOLMES	UNATTACHED	12.47m
24	270	JODIE HILL	BGAC	3.33m		12	420	FFION MORGAN	SWANSEA	9.76m
	U17W	80m Hurdles	Heat 1	*			U17W	100 metres	Heat 1	ws -2.2
1	316	SOFIA VELLA	CARDIFF	13.4		1	234	ALICIA SAMUEL	CARMS H	12.96
2	212	NIAMH ROBERTS	LLANELLI	13.9		2	210	HOLLI EVANS	SWANSEA	13.42
3	41	YANA PARRY	SWANSEA	16.2		3	84	CAITLIN HIER	SWANSEA	13.53
4	398	CAITLIN KIRBY	RVAC	17.1		4	53	EMMA HOCKING	CARDIFF	14.64
						5	139	REBECCA WILLIAMS	CARMS H	14.71
	U17W	100 metres	Heat 2	ws -2.2		6	398	CAITLIN KIRBY	RVAC	17.32
1	294	EMILY MICHAEL	NEATH	13.37						
2	318	WILLOW RANSOME	BRECON	13.62			U17W	300 metres	Heat 1	
3	212	NIAMH ROBERTS	LLANELLI	13.98		1	5	AMBER EVANS	SWANSEA	44.09
4	41	YANA PARRY	SWANSEA	14.21		2	312	GRACE ROWLEY	LLANELLI	44.60
5	417	MEDI SIAN PHILLIPS	NEATH	14.43		3	269	AMEILA HILL	BGAC	45.11
						4	113	LUCY OSBORN	SWANSEA	46.11
	U17W	300 metres	Heat 2			5	202	AMY EVANS	NEATH	46.77
1	318	WILLOW RANSOME	BRECON	44.23		6	45	ELLIE D'AURIA	SWANSEA	48.17
2	417	MEDI SIAN PHILLIPS	NEATH	46.84						

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	No.	Name	Club	Perf.		No.	Name	Club	Perf.
	U11B	75 metres	Heat 1	*		U11B	75 metres	Heat 2	*
1	34	NATHAN MOORE	C ARCHERS	11.5	1	223	SEAN HOPKINS	C ARCHERS	11.5
2	124	HARVEY LEE	RVAC	11.9	2	116	DYLAN STAPLEY	SWANSEA	12.1
3	103	MABAN THOMAS	SWANSEA	12.2	3	220	REUBEN DE VALL	SWANSEA	12.2
4	22	DANIEL GREY	CWMBRAN	12.2	4	185	DANUSHAN SATHYASEELAN	SWANSEA	12.3
5	11	THOMAS LOYNES	NEATH	12.5	5	130	LEON GREGSON	CARDIFF	12.4
6	80	HARRY COLLINS	SWANSEA	12.5	6	243	ABDUL AFOLABI	C ARCHERS	12.5
7	90	IOAN CARTER JONES	SWANSEA	12.7	7	222	JAMES SLOYAN	CARMS H	12.9
8	71	TOM LLOYD ALLISON	SWANSEA	12.7	8	154	IOAN CARTER	SWANSEA	13.3
	U11B	75 metres	Heat 3	*		U11B	800 metres	Race 1	Time Trail
1	405	SEBASTIAN MITCHELL	C ARCHERS	12.1	1	236	IFAN BOWEN	CARMS H	2.38.11
2	328	JOSEPH HEYCOCK	RHONDDA	12.4	2	124	HARVEY LEE	RVAC	2.52.91
3	395	JOSHUA ROBERTS	RVAC	12.8	3	319	CAI ALAN	SARN HELEN	3.00.55
4	380	ROWAN MACENTEE	C ARCHERS	12.8	4	174	ELLIS POWELL	RVAC	3.03.20
5	345	DREW DODD	SWANSEA	13.0	5	71	TOM LLOYD ALLISON	SWANSEA	3.05.23
6	311	NEVIN BALOG	SWANSEA	13.0	6	10	JAKE HARRIS	NEATH	3.08.88
7	410	GERRAN WILLIS	SWANSEA	13.3	7	265	IOAN ADAMS	CWMBRAN	3.12.54
8	254	THOMAS BATSFORD	YSGOL Y FELIN	15.9	8	368	JOSHUA LOMAX	SWANSEA	3.21.07
					9	416	TATHAN PHILLIPS	NEATH	3.29.64
	U11B	800 metres	Race 2	Time Trail					
1	223	SEAN HOPKINS	C ARCHERS	2.42.92		U11B	Long Jump		
2	34	NATHAN MOORE	C ARCHERS	2.45.99	1	116	DYLAN STAPLEY	SWANSEA	3.35m
3	11	THOMAS LOYNES	NEATH	2.56.80	2	311	NEVIN BALOG	SWANSEA	3.33m
4	220	REUBEN DE VALL	SWANSEA	3.04.89	3	80	HARRY COLLINS	SWANSEA	3.30m
5	222	JAMES SLOYAN	CARMS H	3.06.52	4	174	ELLIS POWELL	RVAC	3.27m
6	80	HARRY COLLINS	SWANSEA	3.34.58	5	328	JOSEPH HEYCOCK	RHONDDA	3.25m
					6	154	IOAN CARTER	SWANSEA	3.20m
	U11B	Shot Putt	2.72kg		7	220	REUBEN DE VALL	SWANSEA	3.17m
1	343	NATHANIEL OSBORNE	SWANSEA	5.22m	8	345	DREW DODD	SWANSEA	3.15m
2	174	ELLIS POWELL	RVAC	5.16m	9	130	LEON GREGSON	CARDIFF	3.15m
3	34	NATHAN MOORE	C ARCHERS	5.15m	10	395	JOSHUA ROBERTS	RVAC	3.11m
4	380	ROWAN MACENTEE	C ARCHERS	5.15m	11	243	ABDUL AFOLABI	C ARCHERS	3.11m
5	130	LEON GREGSON	CARDIFF	5.06m	12	405	SEBASTIAN MITCHELL	C ARCHERS	3.08m
6	243	ABDUL AFOLABI	C ARCHERS	4.97m	13	380	ROWAN MACENTEE	C ARCHERS	3.03m
7	90	IOAN CARTER JONES	SWANSEA	4.73m	14	368	JOSHUA LOMAX	SWANSEA	2.91m
8	345	DREW DODD	SWANSEA	4.66m	15	185	DANUSHAN SATHYASEELAN	SWANSEA	2.89m
9	116	DYLAN STAPLEY	SWANSEA	4.30m	16	11	THOMAS LOYNES	NEATH	2.79m
10	405	SEBASTIAN MITCHELL	C ARCHERS	4.23m	17	343	NATHANIEL OSBORNE	SWANSEA	2.77m
11	368	JOSHUA LOMAX	SWANSEA	4.14m	18	103	MABAN THOMAS	SWANSEA	2.61m
12	180	BEN FENWICK	SWANSEA	4.06m	19	90	IOAN CARTER JONES	SWANSEA	2.50m
13	395	JOSHUA ROBERTS	RVAC	3.92m	20	416	TATHAN PHILLIPS	NEATH	2.27m
14	416	TATHAN PHILLIPS	NEATH	3.09m	21	254	THOMAS BATSFORD	YSGOL Y FELIN	2.08m
	U13B	75m Hurdles	Heat 1	*		U13B	75m Hurdles	Heat 2	*
1	29	TOKS AKANBI-MORTIMER	RVAC	14.0	1	156	JOSHUA AKA	SWANSEA	13.2
2	143	MATT GUDGEON	SWANSEA	16.9	2	315	DAFYDD KING	SWANSEA	16.9
3	91	JAYDEN FOXWORTHY	SWANSEA	17.5	3	347	MACSEN HOLLAND	SWANSEA	16.9
4	68	CONOR O'SHAUGHNESSY	SWANSEA	17.8	4	317	HARRY THOMAS	SWANSEA	17.7
5	98	CAI WILLIAMS	SWANSEA	22.8					
	U13B	100 metres	Heat 1	ws -2.5		U13B	100 metres	Heat 2	ws -2.1
1	119	MORGAN HUBBARDE	BRIDGEND	14.08	1	206	HYWEL LEYSHON	BRIDGEND	15.15

2	157	JOSHUA KENNY	SWANSEA	14.17		2	184	VAMSI KRISHNA MUDDADA	SWANSEA	15.52
3	160	ELLIOT RIORDAN	SWANSEA	14.39		3	251	IWAN WILSON	LLANELLI	15.85
4	165	OLIVER CLARKSON	SWANSEA	14.85		4	231	MATTHEW COX	NEATH	16.95
5	147	OWAIN HARI DAVIES	CARMS H	15.16		5	203	WILLIAM EVANS	SWANSEA	17.60
6	79	JACOB EVANS	SWANSEA	15.48						
7	169	MORGAN KINSMAN	NEATH	15.63			U13B	100 metres	Heat 3	ws -3.6
8	118	JACOB DOWLING	UNATTACHED	16.54		1	276	DYLAN MORGAN	SWANSEA	14.52
						2	349	JOSEPH BERESFORD	SWANSEA	15.24
	U13B	100 metres	Heat 4	ws -2.9		3	291	JACK O'BRIEN	BRIDGEND	15.48
1	156	JOSHUA AKA	SWANSEA	13.80		4	373	CHRISTIAN GARCIA	SWANSEA	15.54
2	386	MABON RHYS	BRIDGEND	14.63		5	344	EUAN RILEY	SWANSEA	15.76
3	399	JACK KIRBY	RVAC	15.93		6	355	BENJAMIN LUDBROOK	SWANSEA	16.39
4	91	JAYDEN FOXWORTHY	SWANSEA	16.78		7	302	CAIAN EVANS	LLANELLI	16.56
5	98	CAI WILLIAMS	SWANSEA	17.75						
	U13B	800 metres	Race 1	Time Trail			U13B	800 metres	Race 2	Time Trail
1	126	LEWIS JACOBS	RHONDDA	2.33.44		1	291	JACK O'BRIEN	BRIDGEND	2.40.71
2	228	LOUI CAMILLERI	C ARCHERS	2.34.10		2	373	CHRISTIAN GARCIA	SWANSEA	2.42.01
3	313	CAMERON COBURN	BRIDGEND	2.39.20		3	206	HYWEL LEYSHON	BRIDGEND	2.44.25
4	393	MORGAN WILLIS	SWANSEA	2.42.54		4	251	IWAN WILSON	LLANELLI	2.49.47
5	230	HARLEY GLEESON	SWANSEA	2.52.60		5	143	MATT GUDGEON	SWANSEA	2.54.33
6	38	THOMAS GORVETT	SWANSEA	2.58.29		6	276	DYLAN MORGAN	SWANSEA	2.54.83
7	375	RHYS OWEN	SWANSEA	2.58.54		7	315	DAFYDD KING	SWANSEA	2.56.03
8	58	FINLEY KEANE	C ARCHERS	3.01.42		8	394	JACOB McDONALD	CWMTAWE	2.57.23
9	104	MAX THOMAS	SWANSEA	3.09.85		9	169	MORGAN KINSMAN	NEATH	3.09.67
						10	302	CAIAN EVANS	LLANELLI	3.09.94
	U13B	Shot Putt	3.25kg			11	317	HARRY THOMAS	SWANSEA	3.19.87
1	327	SHAY GRAHAM	LLANELLI	7.51m						
2	29	TOKS AKANBI-MORTIMER	RVAC	7.04m			U13B	Javelin	400g	
3	347	MACSEN HOLLAND	SWANSEA	6.30m		1	217	GEORGE SNAITH	B & V	29.61m
4	365	CALEB RICHARDSON	RHONDDA	5.99m		2	205	THOMAS SNELL	BGAC	26.13m
5	396	LOUIE ROBERTS	RVAC	4.97m		3	94	NATHAN JONES	SWANSEA	16.90m
6	203	WILLIAM EVANS	SWANSEA	4.26m		4	230	HARLEY GLEESON	SWANSEA	16.07m
7	186	CIAN MARTIN	SWANSEA	4.20m		5	232	STEVE BUTTON	SWANSEA	12.25m
8	94	NATHAN JONES	SWANSEA	4.15m		6	396	LOUIE ROBERTS	RVAC	12.08m
9	371	HARRISON GARCIA	SWANSEA	4.00m		7	38	THOMAS GORVETT	SWANSEA	10.72m
	U13B	Long Jump					U13B	High Jump		
1	183	WILLIAM TROTT	SWANSEA	4.19m		1	89	SAMUEL DAVIES	SWANSEA	1.50m
2	276	DYLAN MORGAN	SWANSEA	4.01m		2	160	ELLIOT RIORDAN	SWANSEA	1.45m
3	156	JOSHUA AKA	SWANSEA	3.99m		3	183	WILLIAM TROTT	SWANSEA	1.45m
4	165	OLIVER CLARKSON	SWANSEA	3.90m		4	358	LUKE BAKER	SWANSEA	1.25m
5	89	SAMUEL DAVIES	SWANSEA	3.86m		5	228	LOUI CAMILLERI	C ARCHERS	1.20m
6	147	OWAIN HARI DAVIES	CARMS H	3.85m		6	371	HARRISON GARCIA	SWANSEA	1.20m
7	399	JACK KIRBY	RVAC	3.79m		7	104	MAX THOMAS	SWANSEA	1.20m
8	157	JOSHUA KENNY	SWANSEA	3.73m		8	38	THOMAS GORVETT	SWANSEA	1.20m
9	169	MORGAN KINSMAN	NEATH	3.58m		9	68	CONOR O'SHAUGHNESSY	SWANSEA	1.15m
10	355	BENJAMIN LUDBROOK	SWANSEA	3.47m		10	155	CAI CARTER	SWANSEA	1.15m
11	68	CONOR O'SHAUGHNESSY	SWANSEA	3.46m		11	300	RYAN STANLEY	SWANSEA	1.10m
12	184	VAMSI KRISHNA MUDDADA	SWANSEA	3.45m		12	315	DAFYDD KING	SWANSEA	1.05m
13	358	LUKE BAKER	SWANSEA	3.43m		13	344	EUAN RILEY	SWANSEA	1.00m=
14	349	JOSEPH BERESFORD	SWANSEA	3.35m		13	91	JAYDEN FOXWORTHY	SWANSEA	1.00m=
15	251	IWAN WILSON	LLANELLI	3.34m		15	317	HARRY THOMAS	SWANSEA	95cm
16	104	MAX THOMAS	SWANSEA	3.30m		16	396	LOUIE ROBERTS	RVAC	85cm
17	344	EUAN RILEY	SWANSEA	3.26m						
18	79	JACOB EVANS	SWANSEA	3.26m						

19	302	CAIAN EVANS	LLANELLI	3.19m						
20	143	MATT GUDGEON	SWANSEA	3.12m						
21	306	JOSEPH SELICK	NEATH	3.11m						
22	232	STEVE BUTTON	SWANSEA	3.10m						
23	375	RHYS OWEN	SWANSEA	3.01m						
24	300	RYAN STANLEY	SWANSEA	2.90m						
	U15B	80m Hurdles	Heat 1	*		U15B	100 metres	Heat 1	ws -2.6	
1	162	OWAIN CLARKE	SWANSEA	15.4		1	67	EVAN JONES	BRIDGEND	12.28
2	409	EVAN WILLIS	BRYNTAWE	15.6		2	219	TOMMY PAYNE	SWANSEA	12.42
3	198	SAM PETHERBRIDGE	SWANSEA	15.7		3	76	GEORGE DUN	SWANSEA	12.43
						4	348	CHARLIE HOLLAND	SWANSEA	12.69
	U15B	300 metres	Heat 1	ws -2.3		5	173	GEORGE POWELL	RVAC	12.96
1	348	CHARLIE HOLLAND	SWANSEA	38.91		6	54	KYLE REES	SWANSEA	13.00
2	67	EVAN JONES	BRIDGEND	39.65		7	409	EVAN WILLIS	BRYNTAWE	14.86
3	47	RHIDIAN JENKINS	SWANSEA	43.25						
4	162	OWAIN CLARKE	SWANSEA	47.07		U15B	800 metres	Race 1		
5	342	NOAH OSBORNE	SWANSEA	50.34		1	414	FINLEY HINES	NEATH	2.20.46
						2	227	ANDREW PENROSE	C ARCHERS	2.28.77
	U15B	High Jump				3	310	HUW RILEY	C ARCHERS	2.39.36
1	425	IWAN REES	RVAC	1.65m						
2	76	GEORGE DUN	SWANSEA	1.60m		U15B	Long Jump			
3	47	RHIDIAN JENKINS	SWANSEA	1.40m		1	219	TOMMY PAYNE	SWANSEA	5.08m
						2	47	RHIDIAN JENKINS	SWANSEA	4.76m
	U15B	Javelin	600g			3	342	NOAH OSBORNE	SWANSEA	4.28m
1	224	LLOYD CLARKE	CARDIFF	42.40m						
2	17	TYLER SANTOS	CARDIFF	38.91m		U15B	Discus	1.25kg		
3	102	JOSHUA WILTON	SWANSEA	37.04m		1	19	HARRY DAVIES	NEATH	40.65m
4	43	ROBBIE MILLS	C ARCHERS	23.89m		2	224	LLOYD CLARKE	CARDIFF	35.70m
5	290	TOMOS L EVANS	NEATH	21.66m		3	102	JOSHUA WILTON	SWANSEA	28.33m
6	342	NOAH OSBORNE	SWANSEA	18.27m		4	75	OSCAR DUN	SWANSEA	22.39m
7	409	EVAN WILLIS	BRYNTAWE	16.95m		5	348	CHARLIE HOLLAND	SWANSEA	18.01m
	U15B	Shot Putt	4kg							
1	76	GEORGE DUN	SWANSEA	11.89m						
2	224	LLOYD CLARKE	CARDIFF	11.30m						
3	173	GEORGE POWELL	RVAC	10.47m						
4	353	GEORGE LLOYD	SWANSEA	9.57m						
5	75	OSCAR DUN	SWANSEA	9.07m						
6	354	TOM SUMNER	SWANSEA	8.41m						
	U17M	100m Hurdles	Heat 1	*		U17M	100 metres	Heat 1	ws -2.4	
1	3	TOM SLADE	SWANSEA	14.0		1	108	CAMERON CIABURRI	SWANSEA	12.01
2	2	LEWIS BAMFORD	LLANELLI	21.4		2	61	STEFFAN JONES	SWANSEA	12.34
						3	21	ADAM GREY	CWMBRAN	12.73
	U17M	100 metres	Heat 2	ws -2.3		4	88	LIAM REES	SWANSEA	13.31
1	182	ELI ONYEWU	SWANSEA	11.49		5	112	JOSHUA LAWRENCE SULLIVAN	SWANSEA	13.76
2	144	OWAIN LLOYD HUGHES	NEATH	11.79		6	111	YAZAN HAMMOUDA	SWANSEA	13.99
3	197	BEN PETHERBRIDGE	SWANSEA	12.90						
4	252	DAFYDD LEWIS	LLANELLI	13.58		U17M	100 metres	Heat 3	ws -2.4	
5	195	DEWI WILLIAMS	SWANSEA	13.71		1	3	TOM SLADE	SWANSEA	11.84
6	253	HARRISON JAMES	LLANELLI	13.85		2	296	JOSHUA TILLEY	SWANSEA	12.49
						3	272	LIAM MONTGOMERY	ABERDARE	12.58
	U17M	400 metres	Heat 1			4	260	SAM HARTNOLL	LLANELLI	12.71
1	61	STEFFAN JONES	SWANSEA	53.94		5	383	IOAN LEWIS	NEATH	13.25
2	21	ADAM GREY	CWMBRAN	55.43		6	2	LEWIS BAMFORD	LLANELLI	13.78

3	356	TOM HENDERSON	SWANSEA	56.68						
4	197	BEN PETHERBRIDGE	SWANSEA	59.50			U17M	800 metres	Race 1	
5	112	JOSHUA LAWRENCE SULLIVAN	SWANSEA	62.08		1	397	LUKAS LACEY HUGHES	C ARCHERS	2.02.89
						2	226	JAMES PENROSE	C ARCHERS	2.08.21
	U17M	3000 metres	Race 1			3	7	ETHAN GOODE	C ARCHERS	2.10.13
1	215	TOMOS REES	CARMS H	9.37.00		4	152	CALLUM LOVATT	CARMS H	2.14.03
2	16	THOMAS CALLARD	NEATH	9.53.63		5	278	TRYSTAN LEECH	CARMS H	2.14.91
3	135	CALLUM CAMPION	LLANELLI	10.53.52		6	284	IESTYN EDWARDS	CARDIFF	2.15.16
4	218	WILLIAM ARNOLD	SWANSEA	10.56.53		7	356	TOM HENDERSON	SWANSEA	2.29.83
						8	273	WILLIAM BUCHAN	SWANSEA	2.38.10
	U17M	Discus	1.5kg			9	2	LEWIS BAMFORD	LLANELLI	2.41.83
1	361	JOE WORRALL	CARMS H	46.67m						
2	49	BRYNMOR CLEMENTS	SWANSEA	39.89m			U17M	High Jump		
3	111	YAZAN HAMMOUDA	SWANSEA	22.77m		1	3	TOM SLADE	SWANSEA	1.80m
						2	167	IWAN BEGGS	SWANSEA	1.75m
	U17M	Long Jump				3	326	KIAN GRAHAM	LLANELLI	1.75m
1	326	KIAN GRAHAM	LLANELLI	5.29m		4	260	SAM HARTNOLL	LLANELLI	1.50m
2	320	IEUAN HOSGOOD	SWANSEA	5.12m						
3	260	SAM HARTNOLL	LLANELLI	5.05m			U17M	Shot Putt	5kg	
						1	49	BRYNMOR CLEMENTS	SWANSEA	12.62m
	U17M	Javelin	700g			2	111	YAZAN HAMMOUDA	SWANSEA	8.82m
1	83	TOM HEWSON	ANDOVER	60.28m						
2	292	HENRY GAUNTLET	SWANSEA	42.19m			U20M	100 metres	Heat 1	ws -0.7
3	86	JOSEFF MOYSE	SWANSEA	37.97m		1	418	JOE CROSBY	SWANSEA	11.74
						2	324	PATRYK GANCLERZ	LLANELLI	12.08
	U20M	400 metres	Heat 1							
1	341	JORDAN DRAISEY	SWANSEA	52.04			U20M	Long Jump		
2	324	PATRYK GANCLERZ	LLANELLI	55.21		1	172	MICHAEL THOMPSON	SWANSEA	6.04m
						2	65	RHYS ROBERTS	BRIDGEND	5.88m
	U20M	3000 metres	Race 1			3	324	PATRYK GANCLERZ	LLANELLI	5.50m
1	277	MORGAN LLEWELYN	CARMS H	10.20.48						
							U20M	Javelin	800g	
	U20M	High Jump				1	298	NATHAN JAMES	SWANSEA	49.39m
1	209	IOAN JENKINS	SWANSEA	1.80m		2	63	SAM BLEACH	CARMS H	44.15m
2	172	MICHAEL THOMPSON	SWANSEA	1.65m		3	172	MICHAEL THOMPSON	SWANSEA	33.34m
	U20M	Discus	1.75kg				SM	100 metres	Heat 1	ws -0.7
1	172	MICHAEL THOMPSON	SWANSEA	27.67m		1	359	ANZAR AHMAD BIN MUHAMMAD	SWAN UNI	12.66
	SM	400 metres	Heat 1				SM	800 metres	Race 1	
1	332	NATHAN PHILLIPS	SWANSEA	52.59		1	145	KIERON WHITE	LIVERPOOL UNI	1.54.98
	SM	3000 metres	Race 1				SM	Javelin	800g	
1	403	ANDREW REYNOLDS	NEATH	9.55.02		1	27	RICHARD DANGERFIELD	CARDIFF	54.59m
2	293	PAUL FLYNN	SWANSEA	10.39.61		2	321	AARON THOMAS	CARDIFF	41.23m
	SM	Shot Putt	5kg				SM	Discus	2kg (1kg)	
1	179	ROBBIE CARRICK SMITH (F37)	YEOVIL	9.09m		1	360	PETER ROBERTS	SWANSEA	31.36m
						2	179	ROBBIE CARRICK SMITH (F37)	YEOVIL	31.33m